One & The Same: Connecting Fibromyalgia, Chronic Fatigue Syndrome, Candidiasis & Immune System Dysfunction

Teresa L. Eakman

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Synopsis

Academic and inspirational study connects Fibromyalgia with Chronic Fatigue Syndrome, Candidiasis and Immune Dysfunction using empirical evidence. Teresa describes traditional and non-traditional treatments, most of which she has personally tried.

Book Information

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Customer Reviews

I have had CFS/ME (which stayed undiagnosed properly till the ’90s) since 1969 from illness and developed FMS in 1992 from two minor auto accidents in one year. It took seven (7) years to separate the diagnoses and gain some improvement in my life. They may be in the same arena of deseases, but I can assure you they are not two sides of the same desease. Too many years fighting and trying many "guaranteed" cures for the CFS/ME (a unknown) before ending up with the FMS and going through similar processes for a cure or improvement. Only by accepting the difference between the two could I reach my best level of health to date.

This loose collection of information gleaned from others reads like a college theme paper. Rambling, repetitive, and not a whole lot of substance. Look elsewhere for useful info...

Can’t say much but it was ok for those who look for the info inside the book. I wouldn’t buy it if I had seen it in a book store and reviewed it first.
I am always looking for and reading material on this mysterious affliction! This book was a bit slanted! Everybody is different so one just can’t say this works!

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The Vitamin Cure for Chronic Fatigue Syndrome: How to Prevent and Treat
Chronic Fatigue Syndrome Using Safe and Effective Natural Therapies
The Fatigue and Fibromyalgia Solution: The Essential Guide to Overcoming Chronic Fatigue and Fibromyalgia, Made Easy!
Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome With The Adrenal Reset Diet. How To Reduce Stress, Anxiety And Boost Energy Levels And Overcome Adrenal Fatigue Syndrome
Explaining 'Unexplained Illnesses': Disease Paradigm for Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, and Gulf War Syndrome
Fibromyalgia: The complete guide to fibromyalgia, understanding fibromyalgia, and reducing pain and symptoms of fibromyalgia with simple treatment methods! Treating and Beating Fibromyalgia and Chronic Fatigue Syndrome Strategies: A Chronic Fatigue Syndrome and Fibromyalgia Journey
Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more)
The Fibro Fix: Get to the Root of Your Fibromyalgia and Start Reversing Your Chronic Pain and Fatigue in 21 Days
The New Bible Cure for Chronic Fatigue and Fibromyalgia: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam))
A Meditaiton to Help With Fibromyalgia & Chronic Fatigue (Heath Journeys Guided Imagery CD)
The Fibromyalgia Cookbook: More than 140 Easy and Delicious Recipes to Fight Chronic Fatigue
Smash Chronic Fatigue: A Concise, Science-Based Guide to Help Your Body Heal, and Banish Fatigue Forever
Autogenic Training: A Mind-Body Approach to the Treatment of Fibromyalgia and Chronic Pain Syndrome
Chronic Fatigue Syndrome and the Yeast Connection: A Get-Well Guide for People With This Often Misunderstood Illness--And Those Who Care for Them
Diagnosing and treating Chronic Fatigue Syndrome: its mitochondria, not hypochondria
Chronic Fatigue Syndrome Defeat Chronic Fatigue Syndrome: You Don't Have to Live with It -- An Eight Step Protocol
Chronic Candidiasis: Your Natural Guide to Healing with Diet, Vitamins, Minerals, Herbs, Exercise, and Other Natural Methods

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