The Challenges Of Lupus: Insights And Hope
Henrietta Aladjem, herself a lupus patient, has compiled 40 articles written by experts on the subject of lupus. The book explains how to understand and manage the many challenges that living with the conditions entails.'

"Coping With lupus" takes a philosophical approach to the disease. It brings together a collection of essays from different experts. Topics covered include a message of hope, lupus and kids, S.L.E. and genetics, the doctor-patient relationship. The essays are cursory without much depth. And without providing anything really "new". I previously purchased two other books on the subject (one by Phillips and another by Dibner). These addressed the topic more comprehensively.

I have lupus so I found much of the information interesting... For those of you looking for more, you might try reading Stolen Moments by author Barbara Jeanne Fisher.. This is a beautiful fiction book, based on the authors on life with lupus, and for sure makes readers aware that life and love are precious and not to be taken for granted. This book was edited by Ms Fisher's lupus specialist, and it is also known as the love story of the 90’s. Hats off to both authors.

Learning Tool.