The Endometriosis Survival Guide: Your Guide To The Latest Treatment Options And The Best Coping Strategies
**Synopsis**

"The Endometriosis Survival Guide" provides the basic information women need to recognize and understand this common but complex disease that often goes undiagnosed. It clears up the myths that have grown up around endometriosis, evaluates the latest treatment options and addresses concerns about infertility.

**Book Information**

Paperback: 199 pages  
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**Customer Reviews**

Apart from not being particularly well written, this book does not deal as much with endometriosis as it deals with the problems women (and men) can have when they have to deal with the health care system. It is written in a negative style, and there is very little help to hand for the endometriosis patient who has to make a decision about the best long-term care available. It is not very well researched and facts are wrong in many places. It feeds old myths about the disease, and gives no new insights into the management of endometriosis.

Although Ms. Fromer gives all the treatment options available for endometriosis the information is the same as what you will find in The Endometriosis Sourcebook. If you are looking for a complete guide to treating this disease then get the sourcebook and do not waste your time and money purchasing this book.

I did not care for this book at all. I found that the author's chapter on infertility was on the insulting side.