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The Endometriosis Answer Book: New Hope, New Help

Niels H. Lauersen, M.D., Ph.D. and Constance deSwaan

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Endometriosis is one of the most insidious diseases of our time -- and the leading cause of infertility in America today. Often misdiagnosed and undetected in its early stages, it is painful and debilitating and dramatically disrupts a woman's career and family life. The Endometriosis Answer Book is the first authoritative handbook to explore this disease and provide the most up-to-the-minute facts on its causes, prevention, and treatment, including: * How to determine if you are at risk and what immediate precautions to take* How to find an informed and sensitive doctor* The pros and cons of the available tests and treatments* The Endometriosis Diet, which may relieve or prevent some of the more disabling symptoms* How women with endometriosis may still conceive* And much, much more. This breakthrough guide not only provides vital medical help, but hands women the power to make informed decisions about their own health care as they pursue their right to optimal well-being.

Book Information

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Customer Reviews

Although some of the information is outdated Dr. Lauersen does a good job of explaining the disease of endometriosis. He gives all the pros and cons on treatments that are available. The information on the endometriosis diet makes this book a valuable asset.

THIS IS THE FIRST INDEPTH BOOK WRITTEN ON THIS SUBJECT. IT IS EXTREMELY INFORMATIVE, AND COMPELLING TO READ, ESPECIALLY IF YOU ARE A NOVICE AT THE ENDOMETRIOSIS GAME. DR. LAUERSEN, IF YOU READ THIS, THIS IS MY BIBLE. HOW
ABOUT AN UPDATED VERSION? WOULD LOVE TO SEE IT HAPPEN.

Resources provided Step by step process and procedures Emotional challenges acknowledged. Beneficial especially when dealing with emotional aspect.

I have had endometriosis for six years now. "The Endometriosis Answer Book" was very helpful for me when I was first diagnosed, but now there are new books that have updated information. This book was written in 1989 and should not be purchased when there are books out there with new findings, new answers and new hope. The "Endometriosis Sourcebook" would be the better choice.

As someone mentioned it's not a brand new book BUT it has as much information if not more about the topic. It has a lot of medical information but many homeopathic remedies that were unheard of then and are common today. So it's ABSOLUTELY worth reading even today. Anything Dr. Niels Lauersen MD PhD wrote is full of knowledge. Five stars for THE Endometriosis Answer Book. Dr. L. how about a follow up to this book? Show the world how much YOU know about this horrific disease too many young and older women of child bearing age suffer with.

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