Endometriosis: One Woman's Story

Megan Harvey
Ten percent of menstruating women suffer from endometriosis, the condition causing chronic, agonizing menstrual pain and a host of associated problems. Just as worrying, many of these women are unable to name the condition and therefore cannot get the right treatment. Endometriosis: One Woman's Story relates Megan Harvey's long struggle, from the confusion of years of unexplained blinding pain to the relief of diagnosis, the grief of infertility and eventual 'cure' - in her case, a complete hysterectomy at the age of 22. Case studies, treatment advice and a strong underlying theme of emotional support make this book an essential and affirming guide for endometriosis sufferers, their friends and families. The problems Megan endured, emotional as well as physical, make harrowing reading - but her journey back to a 'normal', happy life shows that it is possible to be an endometriosis survivor.