ABC Of Asthma, Allergies And Lupus: Eradicate Asthma - Now!
Synopsis

Breakthrough scientific information uncovers the real cause of asthma, allergies and lupus. It reveals the way to treat these conditions naturally, simply and at no cost -- initial steps towards asthma eradication.-- Astonishingly simple guidebook for the nation's 17 million asthmatics -- 14 million of them innocent children and the 50 million who suffer from allergies.-- Why Asthma, Allergies and Lupus are actually your body's way of alerting you to an urgent need for water... and how to recognize your body's true thirst signals.-- In-Depth Answers to your most frequently-asked questions about asthma and allergies.-- Breakthrough Information on the many constructive roles of salt and cholesterol in the body.

Book Information

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Customer Reviews

Review of ABC of Asthma, Allergies and Lupus By: David Brownstein, M.D. Dr. Batmanghelidj's book, ABC of Asthma, Allergies and Lupus is a must read for those who practice medicine as well as for those who are suffering from chronic illnesses such as asthma, allergies and Lupus. Dr. Batmanghelidj's unique premise that dehydration is the underlying cause of asthma, allergies and Lupus is supported by sound research and clinical acumen. Dehydration may be the biggest health problem affecting the western world. Conventional medicine has failed to address this simple concept and the consequences to our health have been devastating. Dr. Batmanghelidj's first-hand accounts of his success in using water to cure many chronic conditions are compelling. He further supports his theory of dehydration as the underlying cause of asthma, allergies and Lupus with
rational explanations why dehydration is the cause of many chronic illnesses. In this book, Dr. Batmanghelidj provides us with a safe and natural therapy--water-- to overcome many chronic illnesses, which, until now, has been very difficult to treat. As a practicing physician, I have found the information presented in this book invaluable. As a patient, incorporating Dr. Batmanghelidj's recommendations about drinking water into my diet has significantly improved my health. A life-long condition of allergies and asthma has been improved over 90% by using this safe and effective therapy. I was able to virtually eliminate my inhalers and medications by simply increasing the intake of water and adding salt to my diet. This book has not only resulted in an improvement in my life, but in my patients' lives as well. By incorporating Dr. Batmanghelidj's recommendations, you can improve your health and well-being without the need for medication.